

Millers, Bakers, Pasta makers, Restaurants using 100% whole grain, and 100% whole grain heritage organic grains from local farmers; with no added refined sugars. Ask for 100% whole grain flours and products!

Suppliers of whole heritage grains and 100% whole heritage grain flours are also included in this list.

To qualify for this list all are selling at least one product that is 100% whole grain and without any added refined sugars or other refined carbohydrates and without any hydrogenated fat. *Ask the baker for ingredient list to make sure you are buying 100% whole grain.*

Vendors list outlets on their websites.

| <i>Miller, Baker, Pasta-maker, Restaurant or other supplier Business name</i> | <i>State in USA or country</i> | <i>County, Province etc</i> | <i>Website or contact information</i> | <i>Retail, Wholesale or Subscription</i> | <i>100% whole grain items for sale</i> |
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| Hayden Flour Mills | Arizona | Maricopa & Pinal | www.haydenflourmills.com | Wholesale | Grains |
| Barrio Bread | Arizona | Pima | www.barriobread.com | Retail | Bread |
| Mi Rancho | California | Alameda | www.mirancho.com | Wholesale Retail | Corn Tortillas |
| Morell's Bread | California | Alameda | www.morellsbread.com | Retail | Bread |
| Community Grains | California | Alameda | www.communitygrains.com | Wholesale Retail | Pasta Flour |
| Oliveto Restaurant | California | Alameda | www.oliveto.com | Restaurant | Bread Pasta |
| Eckert Malting | Californi | Butte | www.eckertmaltingandbrewing.com | Retail Wholesale | Rice malt |
| Miller's Bakehouse | California | Butte | www.millersbakehouse.com | Retail | Bread |
| Hearth & Stone | California | Butte | www.hearthandstone.weebly.com | Retail & Wholesale | Bread |
| Bread Itself | California | Butte | breaditself@gmail.com | Retail | Bread |
| Untamed Bakeshop | California | Butte | www.untamedbakeshop.com | Retail | Bread |

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| Cook Natural Products | California | Contra Costa | www.cooknaturally.com | Wholesale | Flour |
| Marina Bay Bakery | California | Contra Costa | www.marinabaybakery.com | Retail | Bread |
| Sunnyland Mills | California | Fresno | www.sunnylandmills.com | Wholesale | Bulgur wheat |
| Lone Willow Organic Heirlooms | California | Fresno | www.organicheirlooms.com | Wholesale & Retail | Wheat grain Pasta |
| Beck's Bakery | California | Humboldt | www.becksbakery.com | Retail & Wholesale | Bread Crackers |
| Roan Mills | California | Los Angeles | www.roanmills.com | Retail & Wholesale | Bread Pasta Flour Grains |
| Ponsford's Place | California | Marin | www.ponsfordsplace.com | Retail | Bread |
| Brickmaiden Breads | California | Marin | www.brickmaidenbreads.com | Retail | Bread |
| Mendocino Grain Project | California | Mendocino | www.mendocinograin.com | Retail CSA | Flour Grains |
| Eliot Hartley | California | Mendocino | eliothartley@gmail.com | Retail | Bread |
| Schat's Bakery & Café at Friedman Bros | California | Mendocino | www.schats.com | Retail | Bread |
| Koda Farms | California | Merced | www.kodafarms.com | Retail & Wholesale | Brown rice |
| Early Bird Farm | California | Nevada | www.earlybirdnc.com | Wholesale Retail | Flour Grains |
| Grist & Toll | California | Los Angeles | www.gristandtoll.com | Wholesale Retail | Flour |
| Sourdough Solutions | California | Placer | www.sourdoughsolutions.com | Retail | Bread |
| Bread and Flour | California | Riverside | www.breadandflours.com | Retail | Bread Flour |
| The Mill, San Francisco | California | San Francisco | www.themillsf.com | Retail | Bread |
| Truly Grains | California | San Francisco | www.trulygrains.com | Wholesale | Pasta |

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| Tartine Bakery | California | San Francisco | www.tartinebakery.com | Retail | Bread |
| Kantine | California | San Francisco | www.kantinesf.com | Restaurant | Bread Porridge |
| Giustos Specialty Foods | California | San Mateo | www.giustos.com | Wholesale | Flour |
| The Midwife and the Baker | California | San Mateo | www.themidwifeandthebaker.com | Retail | Bread |
| L'Atelier du Pain | California | San Mateo | fionastrouts@gmail.com | Retail | Bread |
| Ancient Agro | California | Santa Clara | www.ancientagro.com | Wholesale | Pasta Flour Grains |
| Manresa Bread | California | Santa Clara | www.manresabread.com | Retail | Bread |
| Moore's Flour Mill | California | Shasta | www.mooresflourmill.com | Retail Wholesale | Flour Grains |
| Tender Fork Market | California | Solano | www.tenderforkmarket.com | Retail Wholesale | Bread |
| Grindstone Bakery | California | Sonoma | www.grindstonebakery.com | Wholesale Retail | Bread |
| The Bejkr | California | Sonoma | www.thebejkr.com | Special order | Bread |
| Revolution Bread | California | Sonoma | www.revolutionbread.com | Retail | Bread |
| Wild Flour Bread | California | Sonoma | www.wildflourbread.com | Retail | Bread |
| Pasta-Sonoma | California | Sonoma | http://pastasonoma.com | Wholesale | Pasta |
| Central Milling / Keith Giusto Bakery Supply | California | Sonoma | www.kgbakerysupply.com | Wholesale | Sprouted grain Grain |
| The Farmer and the Cook | California | Ventura | www.farmerandthecook.com | Restaurant | Bread |
| Capay Mills | California | Yolo | www.capaymills.com | Retail & Wholesale | Flour |
| The Upper Crust Baking Company | California | Yolo | www.ucbaking.com | Retail & Wholesale | Bread |

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| Artisan Lavinia | California | Yuba | artisanlavinia@gmail.com | Retail | Bread |
| Blue Grouse Bread | Colorado | San Miguel | www.bluegrousebread.com | Retail & Wholesale | Bread |
| Moxie Bread | Colorado | Boulder | www.moxiebreadco.com | Retail & Wholesale | Bread |

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| Pastificio Boulder | Colorado | Boulder | www.pastificioboulder.com | Retail | Pasta |
| Independent Baking Company | Georgia | Clarke | www.independentbaking.com | Retail Wholesale | Bread |
| Ancient Grains | Idaho | Teton | www.ancientgrains.com www.einkorn.com | Retail | Grains Flour |
| Hewn Bakery | Illinois | Cook | www.hewnbread.com | Retail Wholesale | Bread |
| Belle Garde Bakery | Louisiana | New Orleans | www.bellegardebakery.com | Retail | Bread Flour |
| Maine Grains | Maine | Somerset | https://mainegrains.com/ | Retail & Wholesale | Flour |
| De Zwaan Windmill | Michigan | Ottawa | www.windmillisland.org | Retail | Soft wheat flour |
| Shagbark Seed & Mill | Ohio | Athens | www.shagbarkmill.com | Retail & Wholesale | Grains Flour |
| Camas Country Mill | Oregon | Lane | www.camascountrymill.com | Retail | Bread Flour |
| Azure Standard Foods | Oregon | Wasco | www.azurestandard.com | Retail & wholesale | Grains Flour |
| Small Valley Milling | Pennsylvania | Halifax | www.smallvalleymilling.com | Retail & Wholesale | Spelt grain Spelt flour |
| Hillside Bakery | Tennessee | Knox | www.hillside-bakery.com | Retail | Spelt bread |
| Grandview Granary | Texas | Carson | www.grandviewgranary.com | Retail | Flour |
| Emmer & Rye | Texas | Travis | www.emmerandrye.com | Restaurant | Bread |
| Cascade Organic Flour | Washington | Grant | www.cascadeorganicflour.com | Flour mill | Flour Grains |

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| Barn Owl Bakery | Washington | San Juan | www.barnowlbakery.com | Bakery | Bread |
| Wyoming High Desert Malt | Wyoming | Park | www.wyominghighdesertmalt.com | Flour mill | Flour |
| Small World Bakery | Australia | South Australia | www.smallworldbakery.com.au | Bakery | Bread |
| Axten Farms | Canada | Saskatchewan | www.axtenfarms.ca | Wholesale | Grains Lentils Seeds |
| Vancouver Island Grain & Milling | Canada | British Columbia | www.vancouverislandgrainandmilling.com | Wholesale | Grains |
| Integrity Foods | Canada | Manitoba | www.integrityfoods.ca | Bakery | Pizza Bread |
| Brod Flour Bakery | Canada | Ontario | www.brodflour.com | Retail, Wholesale Restaurant | Bread |
| Evelyn's Crackers | Canada | Ontario | www.evelynscrackers.com | Retail Wholesale | Crackers, breads, pastries |
| K2 Milling | Canada | Ontario | www.k2milling.com | Retail & Wholesale | Flour |
| Remoué Family Farms | Canada | Saskatchewan | www.remouefamilyfarms.com | Wholesale | Lentils, Flax, Grains |