

**Millers, Bakers, Pasta makers, Restaurants** using 100% whole grain, and 100% whole grain heritage organic grains from local farmers; with no added refined sugars. Ask for 100% whole grain flours and products!

**Suppliers** of whole heritage grains and 100% whole heritage grain flours are also included in this list.

To qualify for this list all are selling at least one product that is 100% whole grain and without any added refined sugars or other refined carbohydrates and without any hydrogenated fat. *Ask the baker for ingredient list to make sure you are buying 100% whole grain.*

Vendors list outlets on their websites.

<i>Miller, Baker, Pasta-maker, Restaurant or other supplier Business name</i>	<i>State in USA or country</i>	<i>County</i>	<i>Website or contact information</i>	<i>Retail, Wholesale or Subscription</i>	<i>100% whole grain items for sale</i>
Hayden Flour Mills	Arizona	Maricopa & Pinal	<a href="http://www.haydenflourmills.com">www.haydenflourmills.com</a>	Wholesale	Grains
Barrio Bread	Arizona	Pima	<a href="http://www.barriobread.com">www.barriobread.com</a>	Retail	Bread
Morell's Bread	California	Alameda	<a href="http://www.morellsbread.com">www.morellsbread.com</a>	Retail	Bread
Community Grains	California	Alameda	<a href="http://www.communitygrains.com">www.communitygrains.com</a>	Wholesale Retail	Pasta Flour
Oliveto Restaurant	California	Alameda	<a href="http://www.oliveto.com">www.oliveto.com</a>	Restaurant	Bread Pasta
Miller's Bakehouse	California	Butte	<a href="http://www.millersbakehouse.com">www.millersbakehouse.com</a>	Retail	Bread
Hearth & Stone	California	Butte	<a href="http://www.hearthandstone.weebly.com">www.hearthandstone.weebly.com</a>	Retail & Wholesale	Bread
Bread Itself	California	Butte	<a href="mailto:breaditself@gmail.com">breaditself@gmail.com</a>	Retail	Bread
Untamed Bakeshop	California	Butte	<a href="http://www.untamedbakeshop.com">www.untamedbakeshop.com</a>	Retail	Bread
Cook Natural Products	California	Contra Costa	<a href="http://www.cooknaturally.com">www.cooknaturally.com</a>	Wholesale	Flour
Sunnyland Mills	California	Fresno	<a href="http://www.sunnylandmills.com">www.sunnylandmills.com</a>	Wholesale	Bulgur wheat

Lone Willow Organic Heirlooms	California	Fresno	<a href="http://www.organicheirlooms.com">www.organicheirlooms.com</a>	Wholesale & Retail	Wheat grain Pasta
Beck's Bakery	California	Humboldt	<a href="http://www.becksbakery.com">www.becksbakery.com</a>	Retail & Wholesale	Bread Crackers
Roan Mills	California	Los Angeles	<a href="http://www.roanmills.com">www.roanmills.com</a>	Retail & Wholesale	Bread Pasta Flour Grains
Ponsford's Place	California	Marin	<a href="http://www.ponsfordsplace.com">www.ponsfordsplace.com</a>	Retail	Bread
Brickmaiden Breads	California	Marin	<a href="http://www.brickmaidenbreads.com">www.brickmaidenbreads.com</a>	Retail	Bread
Eliot Hartley	California	Mendocino	<a href="mailto:eliothartley@gmail.com">eliothartley@gmail.com</a>	Retail	Bread
Schat's Bakery & Café at Friedman Bros	California	Mendocino	<a href="http://www.schats.com">www.schats.com</a>	Retail	Bread
Early Bird Farm	California	Nevada	<a href="http://www.earlybirdnc.com">www.earlybirdnc.com</a>	Wholesale Retail	Flour Grains
Grist & Toll	California	Los Angeles	<a href="http://www.gristandtoll.com">www.gristandtoll.com</a>	Wholesale Retail	Flour
Sourdough Solutions	California	Placer	<a href="http://www.sourdoughsolutions.com">www.sourdoughsolutions.com</a>	Retail	Bread
The Mill, San Francisco	California	San Francisco	<a href="http://www.themillsf.com">www.themillsf.com</a>	Retail	Bread
Truly Grains	California	San Francisco	<a href="http://www.trulygrains.com">www.trulygrains.com</a>	Wholesale	Pasta
Tartine Bakery	California	San Francisco	<a href="http://www.tartinebakery.com">www.tartinebakery.com</a>	Retail	Bread
Kantine	California	San Francisco	<a href="http://www.kantinesf.com">www.kantinesf.com</a>	Restaurant	Bread Porridge
Giustos Specialty Foods	California	San Mateo	<a href="http://www.giustos.com">www.giustos.com</a>	Wholesale	Flour
The Midwife and the Baker	California	San Mateo	<a href="http://www.themidwifeandthebaker.com">www.themidwifeandthebaker.com</a>	Retail	Bread
L'Atelier du Pain	California	San Mateo	<a href="mailto:fionastrouts@gmail.com">fionastrouts@gmail.com</a>	Retail	Bread

Ancient Agro	California	Santa Clara	<a href="http://www.ancientagro.com">www.ancientagro.com</a>	Wholesale	Pasta Flour Grains
Manresa Bread	California	Santa Clara	<a href="http://www.manresabread.com">www.manresabread.com</a>	Retail	Bread
Moore's Flour Mill	California	Shasta	<a href="http://www.mooresflourmill.com">www.mooresflourmill.com</a>	Retail Wholesale	Flour Grains
Tender Fork Market	California	Solano	<a href="http://www.tenderforkmarket.com">www.tenderforkmarket.com</a>	Retail Wholesale	Bread
Grindstone Bakery	California	Sonoma	<a href="http://www.grindstonebakery.com">www.grindstonebakery.com</a>	Wholesale Retail	Bread
The Bejkr	California	Sonoma	<a href="http://www.thebejkr.com">www.thebejkr.com</a>	Special order	Bread
Revolution Bread	California	Sonoma	<a href="http://www.revolutionbread.com">www.revolutionbread.com</a>	Retail	Bread
Wild Flour Bread	California	Sonoma	<a href="http://www.wildflourbread.com">www.wildflourbread.com</a>	Retail	Bread
Pasta-Sonoma	California	Sonoma	<a href="http://pastasonoma.com">http://pastasonoma.com</a>	Wholesale	Pasta
Central Milling / Keith Giusto Bakery Supply	California	Sonoma	<a href="http://www.kgbakerysupply.com">www.kgbakerysupply.com</a>	Wholesale	Sprouted grain Grain
The Farmer and the Cook	California	Ventura	<a href="http://www.farmerandthecook.com">www.farmerandthecook.com</a>	Restaurant	Bread
Capay Mills	California	Yolo	<a href="http://www.capaymills.com">www.capaymills.com</a>	Retail & Wholesale	Flour
The Upper Crust Baking Company	California	Yolo	<a href="http://www.ucbaking.com">www.ucbaking.com</a>	Retail & Wholesale	Bread
Artisan Lavinia	California	Yuba	<a href="mailto:artisanlavinia@gmail.com">artisanlavinia@gmail.com</a>	Retail	Bread
Blue Grouse Bread	Colorado	San Miguel	<a href="http://www.bluegrousebread.com">www.bluegrousebread.com</a>	Retail & Wholesale	Bread
Hewn Bakery	Illinois	Cook	<a href="http://www.hewnbread.com">www.hewnbread.com</a>	Retail Wholesale	Bread
Belle Garde Bakery	Louisiana	New Orleans	<a href="http://www.bellegardebakery.com">www.bellegardebakery.com</a>	Retail	Bread Flour
Maine Grains	Maine	Somerset	<a href="https://mainegrains.com/">https://mainegrains.com/</a>	Retail & Wholesale	Flour

De Zwaan Windmill	Michigan	Ottawa	<a href="http://www.windmillisland.org">www.windmillisland.org</a>	Retail	Soft wheat flour
Shagbark Seed & Mill	Ohio	Athens	<a href="http://www.shagbarkmill.com">www.shagbarkmill.com</a>	Retail & Wholesale	Grains Flour
Camas Country Mill	Oregon	Lane	<a href="http://www.camascountrymill.com">www.camascountrymill.com</a>	Retail	Bread
Small Valley Milling	Pennsylvania	Halifax	<a href="http://www.smallvalleymilling.com">www.smallvalleymilling.com</a>	Retail & Wholesale	Spelt grain Spelt flour
Hillside Bakery	Tennessee	Knox	<a href="http://www.hillside-bakery.com">www.hillside-bakery.com</a>	Retail	Spelt bread
Emmer & Rye	Texas	Travis	<a href="http://www.emmerandrye.com">www.emmerandrye.com</a>	Restaurant	Bread
Barn Owl Bakery	Washington	San Juan	<a href="http://www.barnowlbakery.com">www.barnowlbakery.com</a>	Bakery	Bread
Small World Bakery	Australia	South Australia	<a href="http://www.smallworldbakery.com.au">www.smallworldbakery.com.au</a>	Bakery	Bread
Brod Flour Bakery	Canada	Ontario	<a href="http://www.brodflour.com">www.brodflour.com</a>	Retail, Wholesale Restaurant	Bread