

Millers, Bakers, Pasta makers, Restaurants using 100% whole grain, and 100% whole grain heritage organic grains from local farmers; with no added refined sugars. Ask for 100% whole grain flours and products!

Suppliers of whole heritage grains and 100% whole heritage grain flours are also included in this list.

To qualify for this list all are selling at least one product that is 100% whole grain and without any added refined sugars or other refined carbohydrates and without any hydrogenated fat. *Ask the baker for ingredient list to make sure you are buying 100% whole grain.*

Vendors list outlets on their websites.

<i>Miller, Baker, Pasta-maker, Restaurant or other supplier Business name</i>	<i>State in USA or country</i>	<i>County</i>	<i>Website or contact information</i>	<i>Retail, Wholesale or Subscription</i>	<i>100% whole grain items for sale</i>
Hayden Flour Mills	Arizona	Maricopa & Pinal	www.haydenflourmills.com	Wholesale	Grains
Barrio Bread	Arizona	Pima	www.barriobread.com	Retail	Bread
Morell's Bread	California	Alameda	www.morellsbread.com	Retail	Bread
Community Grains	California	Alameda	www.communitygrains.com	Wholesale Retail	Pasta Flour
Oliveto Restaurant	California	Alameda	www.oliveto.com	Restaurant	Bread Pasta
Miller's Bakehouse	California	Butte	www.millersbakehouse.com	Retail	Bread
Hearth & Stone	California	Butte	www.hearthandstone.weebly.com	Retail & Wholesale	Bread
Bread Itself	California	Butte	breaditself@gmail.com	Retail	Bread
Untamed Bakeshop	California	Butte	www.untamedbakeshop.com	Retail	Bread
Cook Natural Products	California	Contra Costa	www.cooknaturally.com	Wholesale	Flour
Sunnyland Mills	California	Fresno	www.sunnylandmills.com	Wholesale	Bulgur wheat

Lone Willow Organic Heirlooms	California	Fresno	www.organicheirlooms.com	Wholesale & Retail	Wheat grain Pasta
Beck's Bakery	California	Humboldt	www.becksbakery.com	Retail & Wholesale	Bread Crackers
Roan Mills	California	Los Angeles	www.roanmills.com	Retail & Wholesale	Bread Pasta Flour Grains
Ponsford's Place	California	Marin	www.ponsfordsplace.com	Retail	Bread
Brickmaiden Breads	California	Marin	www.brickmaidenbreads.com	Retail	Bread
Eliot Hartley	California	Mendocino	eliothartley@gmail.com	Retail	Bread
Schat's Bakery & Café at Friedman Bros	California	Mendocino	www.schats.com	Retail	Bread
Early Bird Farm	California	Nevada	www.earlybirdnc.com	Wholesale Retail	Flour Grains
The Mill, San Francisco	California	San Francisco	www.themillsf.com	Retail	Bread
Truly Grains	California	San Francisco	www.trulygrains.com	Wholesale	Pasta
Tartine Bakery	California	San Francisco	www.tartinebakery.com	Retail	Bread
Kantine	California	San Francisco	www.kantinesf.com	Restaurant	Bread Porridge
Giustos Specialty Foods	California	San Mateo	www.giustos.com	Wholesale	Flour
The Midwife and the Baker	California	San Mateo	www.themidwifeandthebaker.com	Retail	Bread
L'Atelier du Pain	California	San Mateo	fionastrouts@gmail.com	Retail	Bread
Ancient Agro	California	Santa Clara	www.ancientagro.com	Wholesale	Pasta Flour Grains
Manresa Bread	California	Santa Clara	www.manresabread.com	Retail	Bread

Moore's Flour Mill	California	Shasta	www.mooreflourmill.com	Retail Wholesale	Flour Grains
Tender Fork Market	California	Solano	www.tenderforkmarket.com	Retail Wholesale	Bread
Grindstone Bakery	California	Sonoma	www.grindstonebakery.com	Wholesale Retail	Bread
The Bejkr	California	Sonoma	www.thebejkr.com	Special order	Bread
Revolution Bread	California	Sonoma	www.revolutionbread.com	Retail	Bread
Wild Flour Bread	California	Sonoma	www.wildflourbread.com	Retail	Bread
Pasta-Sonoma	California	Sonoma	http://pastasonoma.com	Wholesale	Pasta
Central Milling / Keith Giusto Bakery Supply	California	Sonoma	www.kgbakerysupply.com	Wholesale	Sprouted grain Grain
The Farmer and the Cook	California	Ventura	www.farmerandthecook.com	Restaurant	Bread
Capay Mills	California	Yolo	www.capaymills.com	Retail & Wholesale	Flour
The Upper Crust Baking Company	California	Yolo	www.ucbaking.com	Retail & Wholesale	Bread
Artisan Lavinia	California	Yuba	artisanlavinia@gmail.com	Retail	Bread
Blue Grouse Bread	Colorado	San Miguel	www.bluegrousebread.com	Retail & Wholesale	Bread
Hewn Bakery	Illinois	Cook	www.hewnbread.com	Retail Wholesale	Bread
Belle Garde Bakery	Louisiana	New Orleans	www.bellegardebakery.com	Retail	Bread Flour
De Zwaan Windmill	Michigan	Ottawa	www.windmillisland.org	Retail	Soft wheat flour
Shagbark Seed & Mill	Ohio	Athens	www.shagbarkmill.com	Retail & Wholesale	Grains Flour
Camas Country Mill	Oregon	Lane	www.camascountrymill.com	Retail	Bread

Small Valley Milling	Pennsylvania	Halifax	www.smallvalleymilling.com	Retail & Wholesale	Spelt grain Spelt flour
Emmer & Rye	Texas	Travis	www.emmerandrye.com	Restaurant	Bread
Barn Owl Bakery	Washington	San Juan	www.barnowlbakery.com	Bakery	Bread
Small World Bakery	Australia	South Australia	www.smallworldbakery.com.au	Bakery	Bread